

UMR medical plans include discounted hearing health benefits designed to deliver value, choice and a positive employee experience.

Untreated hearing loss may be costly in terms of absenteeism and presenteeism. Employees may have difficulty performing their work and experience other health issues such as anxiety and depression.

By helping employees and their families maintain or improve their hearing health, you may help them enhance or maintain their overall well-being and productivity.

### Hearing loss is connected to other health conditions.

Alzheimer's and dementia	Dementia risk may be up to <b>5x higher</b> with hearing loss. <sup>1</sup>
Cardiovascular disease	Hearing loss can be an indicator for cardiovascular disease.1
Chronic kidney disease (CKD)	Moderate CKD is associated with a <b>54 percent increased</b> risk of hearing loss. <sup>2</sup>
Depression	Symptoms go down and quality of life goes up with hearing aid use.1
Diabetes	Hearing loss is <b>2x more likely</b> for those with diabetes. <sup>3</sup>
Falling	Hearing loss linked to a <b>300 percent increase</b> in falling risk. <sup>4</sup>
Hospitalization	32 percent more likely for older adults with hearing loss.4



Helping improve hearing may improve overall health.



### 1 in 6 U.S. adults

(37.5 million) aged 18 and over report some trouble hearing.

#### 28.8M U.S. adults

(aged 20-69) could benefit from using hearing aids.5



## Choices make it easier to help improve hearing.

As part of your medical benefit, UnitedHealthcare makes it easier to help employees and their families get hearing aids in the way they prefer:



In person through the largest network of hearing providers in all 50 states.<sup>6</sup>



In home, making it convenient to order customprogrammed hearing aids online after a hearing test.

- ✓ Name-brand and private-labeled hearing aids at significant savings.
- ✓ More than 5,000 accredited hearing provider locations.
- Delivery in store or to doorstep (doorstep in just 5–10 business days).
- ✓ Knowledgeable experts help each person get a personalized hearing solution.

# Enable a positive employee experience that goes beyond hearing health.

UnitedHealthcare Hearing plans support overall employee wellness and further the whole-person approach to health benefits to encourage better health outcomes and lower costs.

### Better hearing (and overall health) starts with a simple phone call.



Employee calls **1-855-523-9355.** 



Product and service options discussed.

### **Needs hearing test:**

Employee visits provider for hearing test.



#### Has hearing test:

Employee sends hearing test results.



Hearing aids ordered.



Hearing aids received in person or through home delivery.



Follow-up support provided.



Help increase employee productivity and overall health by offering hearing benefits with plans designed to deliver value, choice and a positive experience.

1-855-523-9355 uhchearing.com



- <sup>1</sup> Centers for Disease Control and Prevention. Worker Hearing Loss. Last updated July 11, 2017. https://www.cdc.gov/features/worker-hearing-loss/index.html
- <sup>2</sup> American Journal of Kidney Diseases, National Kidney Foundation, 2010.
- <sup>3</sup> American Diabetes Association.
- 4 Johns Hopkins Medicine
- 5 National Institute on Deafness and Other Communication Disorders. Hearing Loss and Hearing Aid Use. Last updated July 17, 2017. https://www.nidcd.nih.gov/shareable-images/infographic-hearing-loss-and-hearing-aid-use.
- 6 2019 UnitedHealthcare Internal Data

The UnitedHealthcare Hearing program is provided through UnitedHealthcare, offered to existing members of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to provide specific hearing aid discounts. This is not an insurance nor managed care product, and fees or charges for services in excess of those defined in program materials are the member's responsibility. UnitedHealthcare does not endorse nor guarantee hearing aid products/services available through the hearing program. This program may not be available in all states or for all group sizes. Components subject to change.

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