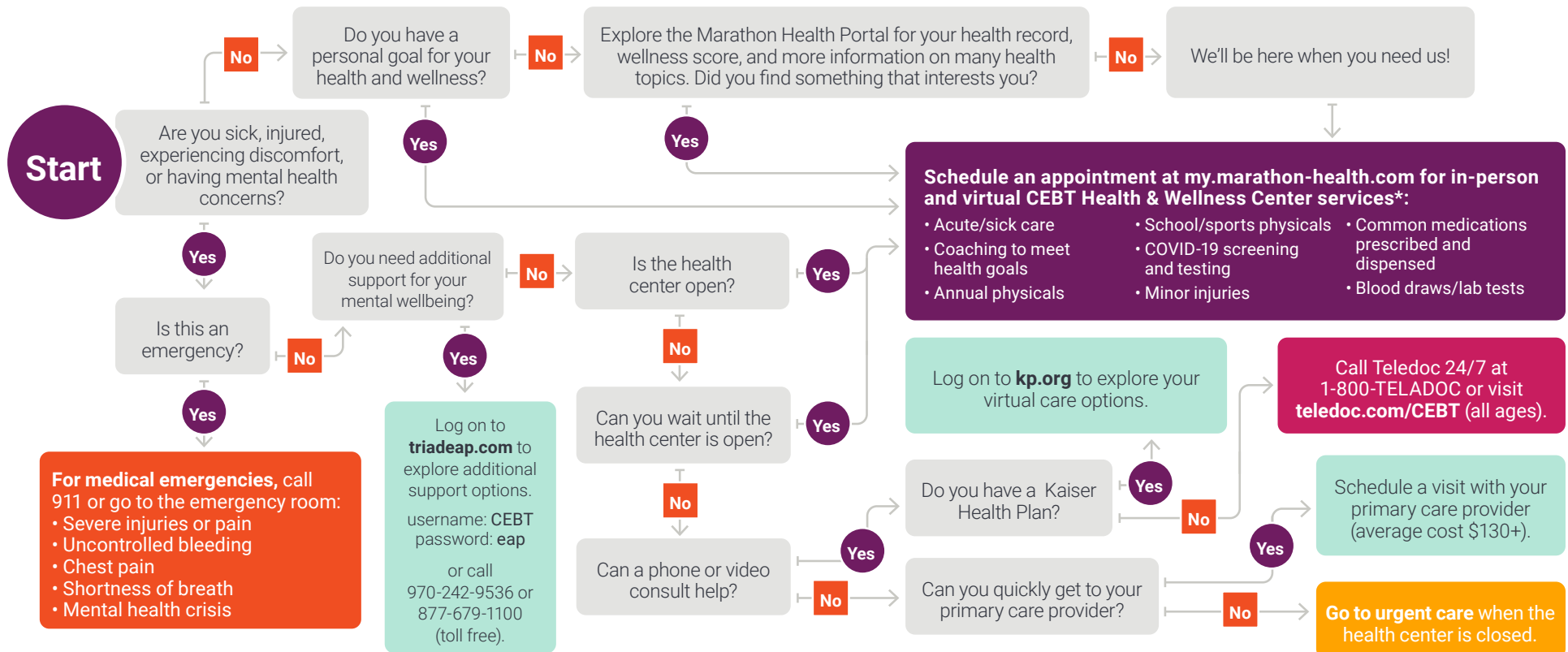


# Your Path to Better Health

Get the right level of care at the right time.



## my.marathon-health.com

\*Employees, spouses, and dependents ages 2 and older who are on the medical plan are eligible to use the virtual and in-person services provided at any of the CEBT Health & Wellness Centers. Services include primary and preventive care such as annual physicals, school and sports physicals, wellness visits, chronic condition coaching, and health coaching. There is no cost to patients for services delivered at the health centers (sick visits are \$45 for members on the HDHP only).

### CEBT Health & Wellness Center Services

- Health assessments
- Blood draws and lab tests
- Annual and student physicals, if applicable
- Illnesses and minor injuries

Average Cost \$0

### Teladoc can treat (by phone):

- Cold and flu symptoms
- Respiratory infections
- Ear and eye infections
- Urinary tract infections
- Allergies
- And more!

Average Cost \$0 (\$49 HDHP)

### Triad EAP:

- Emotional well-being
- Work and career stress
- Death of a loved one
- Child care and parenting dilemmas
- Financial issues

Average Cost \$0

### Urgent care centers

handle these types of visits (primarily injuries):

- Lacerations
- Minor burns
- Sprains
- X-Ray+

Average Cost \$160+

**Emergency rooms** handle these types of visits:

- Severe injuries or pain
- Uncontrolled bleeding
- Chest pain
- Shortness of breath
- Mental health crisis

Average Cost \$1000+

# Important Contact Information

## CEBT HEALTH & WELLNESS CENTERS

### CEBT Health & Wellness Center at Rifle

707 Wapiti Avenue, Suite 201-A  
970-440-8085

### CEBT Health & Wellness Center at Glenwood Springs

1901 Grand Avenue, Suite 200  
970-440-8087

### CEBT Health & Wellness Center at Gypsum

35 Lindbergh Drive, Suite 110  
970-431-2871

### CEBT Health & Wellness Center at Loveland

2889 N. Garfield Avenue  
970-744-2866

### CEBT Health & Wellness Center at Greeley

4675 W. 20th Street Road, Unit B  
970-373-4625

### CEBT Health & Wellness Center at Widefield

930 Leta Drive  
719-551-5808

## Primary Care Provider

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Phone:

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After-hours phone (if applicable):

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## Urgent Care Center

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Address:

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Phone:

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## Emergency Room

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Address:

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