

# **Our Services**

## In-person and virtual care

Marathon Health is your health partner, covering up to 90% of your health and wellness needs.





#### Primary and preventive care

- · Annual exams and preventive screenings
- Blood pressure screening
- Biometric screening (height, weight, blood glucose, and cholesterol)
- · Condition management (diabetes, heart disease, COPD, and more)
- Mental health support (provider assessment for mental health concerns)
- Vaccines (Flu, HPV, TDAP, and more)



#### Immediate & sick care

- **Bronchitis**
- Common cold and cough
- Constipation
- Diarrhea
- Eye infections
- Headache

- Joint pain
- Nausea and vomiting
- Nosebleed
- · Sinus infections
- Skin infections
- · Strep throat



### Family care (ages <X+>)

- · School and sports physicals
- Minor injuries (cuts, scrapes, and minor burns)
- (fever, flu, vomiting, pink eye, cough, and more)



#### Lab services

- Basic metabolic panel
- Blood draws and sample collection
- · Cholesterol
- Hemoglobin A1c
- Pregnancy test
- Screening for diabetes
- Urinalysis
- · Additional lab tests can also be drawn and sent to an outside lab for processing

Employees, spouses, and dependents ages 2 and older who are on the medical plan are eligible to use the virtual and in-person services provided at any of the CEBT Health & Wellness Centers. Services include primary and preventive care such as annual physicals, school and sports physicals, wellness visits, chronic condition coaching, and health coaching. There is no cost to patients for services delivered at the health centers (non-preventative, in-person visits are \$45 for members on the HDHP only).



**CEBT Health & Wellness Centers** 

To view locations or schedule an appointment, visit:

my.marathon.health

Benefit by Trust