



A simpler way to help manage your condition



Introducing the Health Optimizer[™] app Discover a new level of digital support.

With Health Optimizer, you'll be able to:

- Send secure messages to your program care team 24/7
- Track symptoms
- Get real-time digital coaching in between doctor visits

It's time to take charge of your health

Managing your health just got easier. With the new app, you get support along your health journey. Plus, you can access the health data you add all in one place.

Download. Sign up. Explore.

Search for the Health Optimizer app in the App Store or Google Play.



Or scan the QR code to download the app. Open the camera on your phone, hover over the code and tap the link that appears.



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